

# Health Education Frequently Asked Questions

## August 4 2023

This document is intended to provide answers to the most commonly asked questions. Questions are organized into the following categories:

- [General](#)
- [Coordinated School Health Programs](#)
- [Parenting and Paternity Awareness](#)
- [Other Health Education Related Questions](#)

### General

1. Are all K5 schools required to offer health education instruction?

Yes. According to Texas Education Code (TEC) [§28.002\(a\)\(19\)](#) and Texas Administrative Code (TAC) [§74.1\(a\)\(2\)\(B\)](#) and [§74.2\(a\)](#) schools must teach the Texas Essential Knowledge and Skills (TEKS) for health education. A school district may add elements at its discretion but must not delete or omit instruction.

2. Are all 68 schools required to offer health education instruction?

Yes. According to TEC



Approved Instructors—A school district or an open enrollment charter school may use emergency medical technicians, paramedics, police officers, firefighters, representatives of the American Heart Association or the American Red Cross, teachers, other school employees, or other similarly qualified individuals to provide instruction and training.

Certificates of Completion—





